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(Quinton Balistreri)

WHO DARES WINS: THE GREEN BERET WAY TO CONQUER FEAR AND SUCCEED (PAPERBACK)



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SIMON SCHUSTER, United States, 2009. Paperback. Book Condition: New. Original. 228 x 150 mm. Language: English . Brand New Book. In these tough economic times, former Green Beret officer Bob Mayer uses military techniques to show readers how to succeed by conquering fear. In today s fast-moving world, change occurs constantly, competition is fierce, and it is becoming increasingly difficult for people to achieve success both personal and professional. Bob Mayer argues that for most, the one most common obstacle standing in the way is fear. Who Dares Wins shares the time-tested techniques of the Special Forces, proven elite warriors trained to conquer fear, dare to be different, and accomplish what others consider impossible. Mayer outlines specific steps for discovering what is holding you back and offers hands-on exercises for increasing motivation to reach those goals. Bringing his unique blend of practical Special Operations Strategies and Tactics mixed with the vision of an artist, Mayer helps readers get to know themselves, identify blind spots, and overcome fear to achieve success. Bob Mayer gives us a unique and valuable window into the shadowy world of our country s elite fighting forces and how you can apply many of the concepts and strategies they use for success in your own life and organization. Jack Canfield, creator of the Chicken Soup book series.

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