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Taste Berries for Teens Journal: My Thoughts on Life, Love and Making a Difference

By Bettie B. Youngs

HCI Teens. Paperback. Book Condition: New. Paperback. 416 pages. Dimensions: 8.4in. x 5.5in. x 1.0in. Taste Berries for Teens deftly combined teen contributions and responses with the commentary and sensitive advice of adult coauthors, showing teens that we each can make life better through our love and compassion. Designed as a companion piece for Taste Berries for Teens, this journal offers teens space to write about their own feelings on self-worth; friendship; love and relationships; how to create an attitude for life success; how to decide what to do in life; how to give, share and make a difference; and how to cope with stress-filled and embarrassing moments. In Taste Berries for Teens Journal, coauthors Bettie B. Youngs, Ph. D. , Ed. D. , and Jennifer Leigh Youngs will also provide commentary to help readers use the journal to sort out their feelings, responsibly deal with their difficulties and effectively solve their problems. Teens will be able to use this journal not only to express their innermost feelings, explore unlimited possibilities and describe their fondest dreams, but also-and even more important-to turn those possibilities and dreams into reality. This journal is sure to become the trusted companion and guide of all...


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