



## What Do I Do When Teenagers Struggle with Eating Disorders?

By Gerali, Steven

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 to manual when it comes to helping teenagers with the  
 multitude of issues they'll face during their adolescence. Whether  
 you work with teens or are trying to parent them, you've  
 probably already run into a few things that you felt completely  
 unprepared or ill equipped to deal with. You are not alone In this  
 hard-hitting series of books, you'll find answers to the difficult  
 questions you face when challenges arise. Knowing that ninety-  
 five percent of all the people with diagnosed eating disorders are  
 teenage girls, it's likely that you'll encounter this issue if you  
 interact with teens. In What Do I Do When Teenagers Struggle  
 with Eating Disorders?, Dr. Steven Gerali will help you: \*  
 Understand eating disorders, along with the underlying issues  
 that typically contribute to the disorders \* Recognize warning  
 signs that may mean a teen is developing an eating disorder \*  
 Realize the role and responsibility the Church has to mobilize  
 help for teens with eating disorders \* Create interventions when  
 teens or their parents deny the problem \*...



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